

Earth Henna® Kit Instructions



Pour henna powder into plastic cone bag.



Pour contents of Solution packet into cone bag (BOTH packets if you have a premium kit).



Reseal cone and massage contents until smooth.

Mix well.
Wait one hour
before using.



Using scissors, make a small cut at tip of cone.



Slowly squeeze henna paste into applicator bottle. Tap bottle on counter to settle paste at bottom.



See Stencil Transfer Instructions on reverse side.



Wet skin with water.



Place stencil face down. Hold in place for a full 30 seconds.



Remove stencil.



Slowly trace stencil outline with henna paste by squeezing applicator bottle.



Drying will take 20–30 minutes, depending on design. Paste will dry flat and stick to skin. WAIT SIX HOURS before peeling henna off.



You will see very little color when you remove the paste. THIS IS NORMAL.



Wait 24–48 hours for rich, reddish-brown color to develop.

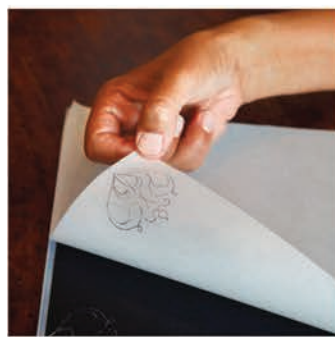




Remove protective tissue.



Trace stencil on top of Master Sheet.



Stencil will transfer to reverse side of Master Sheet.



Cut design from sheet to apply to skin.

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Earth Henna® Fact Sheet

- Henna stains the skin for 7–10 days.
- For more information, check out the book *MEHNDI—The Art of Henna Body Painting* by Carine Fabius.
- There is no quick way to remove a henna tattoo. It fades as the skin exfoliates. If early removal is required, wipe design with baby oil several times a day to speed up the process.
- Henna tattoos show up perfectly on dark skin.
- The Earth Henna® paste lasts one month when refrigerated.

Stencil Transfer Instructions

How To Use 4-part Thermal Stencil Transfer Paper

1. Place on flat surface, yellow side down.
2. Remove protective tissue (2nd sheet).
3. Cut design from stencil sheet, place design face-up on top of Master Sheet (1st sheet).
4. Trace over design with pencil or pen (this transfers design onto reverse side of Master Sheet).
5. Cut design from Master Sheet.
6. Continue following visual instructions on reverse side.

Please note: You may use rubbing alcohol to remove any stencil residue from completed tattoo!



Handy Tips When Using Earth Henna®

- Soak metal tip in hot water after use to avoid clogging.
- Use toothpicks to even out lines.
- Use straight pin or needle to clean or unclog metal tip.
- Refrigerate any remaining henna paste. Be sure to squeeze air out of bottle before closing. To do this, squeeze bottle until henna paste rises to the top, and close bottle with original cap. The bottle will look warped and funny, but it will keep the henna fresh for a longer period of time.

Ingredients: Henna powder, Water, Glycerin, Benzyl alcohol, Citric acid, Sodium citrate, Tetrasodium glutamate diacetate.

Health Recommendations

- Before using Earth Henna® paste, first do a skin patch test. Place a small amount of product on the skin; leave on for 2–3 hours. Rinse off with water. Wait 4–5 hours before proceeding.
- If you have any known allergies, check with a doctor before using Earth Henna® paste.
- We recommend waiting until tattoo has completely disappeared before making a second application on the same spot.
- For external use only. Do not eat or swallow. Keep contents away from children.
- Avoid contact with eyes. If this happens, flush with water.

Dermatologically Tested